## **MEASURING OUR MEMBERS' CAPACITY**





## THE FRISBEE

In order to better understand our members' needs, Sported have developed a comprehensive model of capacity, known as 'The Frisbee'.

Through in-depth member interviews, research and sector consultation, we identified the key elements a community club or group needs in place to ensure sustainability.

## **GAME PLAN AND TIME OUT**

In conjunction with the model, we have developed our 'Game Plan' and 'Time Out' capacity assessment surveys, which are completed by Members before and after long-term mentor support or projects.

From the surveys, a capacity score is calculated for each element of the Frisbee, which is an invaluable tool for our Members & Volunteers to identify key areas for development and plan for the future. Comparisons of the two surveys give 'Distance Travelled' results, clearly demonstrating where Sported's support is having the most impact.

## **WIDER OUTCOMES**

By aggregating Game Plan and Time Out results, Sported can clearly identify the areas which are important to small organisations, have an idea of the overall sustainability of community sports groups in the UK, and show a clear link between our work and the development of these groups. This enables us to put forward the case for targeted capacity support for clubs and groups in the Sport for Development sector.

