

# Introduction to Sustainable Leadership – E-learning.

### **Background**

This course has been developed for people interested in exploring Lasting Leadership® in the non-profit sector. It looks at each of the myths and paradoxes discussed in the <u>Lasting Leadership</u> Guide. This free course will run from 8<sup>th</sup> May to 30<sup>th</sup> June 2023 and will involve up to 20 participants. It's relevant for board members, managers or anyone interested in sustainable leadership.

#### The course content

The bulk of the course activities are designed to be done independently at your own pace and will take roughly six hours to complete.

Each section of the course has the same format:

- some bite-sized information introducing a paradox, challenge or myth, including short videos.
- an activity to start thinking about the topic.
- a reflective journal to download with some prompt questions to help you to think about the topic in the context of your own practice.
- a collaborative forum to gather examples, experiences and resources across participants.

"The materials have been very good! Materials are bitesize and therefore very accessible and feel very relevant to 'real life' situations and experiences."

### Peer support



There are three opportunities to meet with other participants online. These last for an hour each and are optional to attend. It's a chance to share practice and challenges with supportive peers; to learn from each other and develop your thinking. These will take place on:

- 9<sup>th</sup> May, 10-11am.
- 1st June, 1.30-2.30pm.
- 27<sup>th</sup> June, 1.30-2.30pm.

## **Getting involved**

To book your place or find out more. Please contact Jenny at <a href="https://www.wrenewise.com"><u>Wren@TheLastingDifference.com</u></a> or 07952962 521.